

Physical Education

Year group: 3/4

Term: Cycle A Spring 1

Prior knowledge

Pupils will be able to create and develop characters, adding movements, expression and emotion to their performance. Pupils will also be able to create a motif to include some different elements of choreography.

National Curriculum Objectives

- perform dances using a range of movement patterns
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.



Topic overview



Dance – Wild Animals

The unit of work will challenge pupils to respond to different stimuli being able to sustain characters to add drama and emotion to the dance. Pupils will bring together the choreography to create a final performance in groups.

By the end of this unit, I will be able to:

Physical - Pupils will ensure that their movements are big and clear, they will perform with expression and emotion as they tell a story.

Cognitive - Pupils will understand what makes an 'excellent dance'. Pupils will apply creativity as they try a range of movement options.

Social - Pupils can apply life skills such as cooperation and encouragement as they work successfully with their partner/group to execute their sequences.

Wellbeing - Pupils will strive to ensure their sequences are performed precisely and accurately showing self-motivation to want to improve.

Key vocabulary

- Excellent dance
- Improvisation unison
- Matching
- Drama
- Emotion
- Group performance
- Creativity